

CAVAN REGIONAL HEALTH SPORT & LEISURE COMPLEX



DRUMALEE, CAVAN, CO CAVAN

SCHOOL /GROUP SPORTS ACTIVITY DAY

INFORMATION

TIME : STARTS AT 10AM - APPROX 2.30PM
2.15PM—2.30PM (PRESENTATION OF MEDALS)

2 BREAKS: A 15 MIN MORNING BREAK AND A 30 MIN LUNCH
BREAK

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IF YOU ARE INTERESTED IN
BRINGING YOUR SCHOOL ON A
SPORTS ACTIVITY DAY
OR WOULD LIKE SOME MORE
INFORMATION

YOU CAN CONTACT US -

TELEPHONE : 049 4362888

E MAIL : cavanleisurecentre@hotmail.com

CHECK OUT OUR WEBSITE :

www.cavanleisure.ie



EXAMPLE OF SOME OF THE ACTIVITIES RUN
ON THE DAY:

- POOL GAMES
- POOL SLIDES (SENIOR GROUPS)
- BALL GAMES
- PARACHUTE GAMES
- HOOLA HOOP GAMES
- MINI GAMES
- TEAM SPORTS / CHALLENGES

SOME OF THE ABOVE ARE TEAM EVENTS AND
SOME ARE INDIVIDUAL EVENTS

